



## **Do I have an Orthopedic Issue?**

If you say “yes” to any of the following, please contact us at (858) 224-2242 for further workup and advice.

1. Do you have pain with activity that you used to be able to do?
2. Do you feel weaker on one side?
3. Do you have numbness and tingling? \*\*this will need to be screened further
4. Does your pain fluctuate throughout the day?
5. Did you sustain an injury that never seemed to heal properly?
6. Are you having surgery on one of your joints or muscles?
7. Are your joints painful with clicking and popping (this includes your jaw)?
8. Does your leg seem to give out? \*\*this will need to be screened further
9. Do you feel like you constantly have to keep moving to avoid pain?
10. Are you frustrated with how your body is currently performing?